

## General

### Title

Hepatitis C: percentage of patients aged 18 years and older with a diagnosis of chronic hepatitis C with whom a physician or other qualified healthcare professional reviewed the range of treatment options appropriate to their genotype and demonstrated a shared decision making approach with the patient.

### Source(s)

American Gastroenterological Association (AGA). Hepatitis C measures group overview. Bethesda (MD): American Gastroenterological Association (AGA); 2016 Jan. 17 p.

## Measure Domain

### Primary Measure Domain

Clinical Quality Measures: Process

### Secondary Measure Domain

Does not apply to this measure

## Brief Abstract

### Description

This measure is used to assess the percentage of patients aged 18 years and older with a diagnosis of chronic hepatitis C with whom a physician or other qualified healthcare professional reviewed the range of treatment options appropriate to their genotype and demonstrated a shared decision making approach with the patient.

To meet the measure, there must be documentation in the patient record of a discussion between the physician or other qualified healthcare professional and the patient that includes all of the following: treatment choices appropriate to genotype, risks and benefits, evidence of effectiveness, and patient preferences toward treatment.

### Rationale

Shared decision making has the potential to provide numerous benefits for patients, clinicians, and the

health care system, including increased patient knowledge, less anxiety over the care process, improved health outcomes, reductions in unwarranted variation in care and costs, and greater alignment of care with patients' values (Oshima Lee & Emanuel, 2013). In hepatitis C, the decision about whether to initiate treatment is sensitive to patient preferences about achieving cure and limiting symptoms versus tolerating side effects of medications (Cotler et al., 2001). It is also intuitive that patients are more likely to be adherent to treatment if they are engaged in the decision to start. Numerous studies have documented problems with patient-physician communication in this population (Zickmund et al., 2004), and patient misperceptions and lack of education have been implicated as barriers to treatment (Zickmund, Brown, & Bielefeldt, 2007; Richmond, Dunning, & Desmond, 2007; McNally et al., 2006). For these reasons, it is likely that shared decision making would improve decision quality, result in more effective antiviral therapy, and better patient health outcomes.

#### Clinical Recommendation Statements:

The decision to defer treatment for a specific patient should consider the patient's preferences and priorities, the natural history and risk of progression, the presence of co-morbidities, and the patient's age (European Association for the Study of the Liver, 2014).

Treatment decisions should be individualized based on the severity of liver disease, the potential for serious side effects, the likelihood of treatment response, the presence of comorbid conditions, and the patient's readiness for treatment (Ghany et al., 2009).

The Institute of Medicine (2001) endorses shared decision making and the strongly recommends use of decision aids as a way to foster patient-centered care.

## Evidence for Rationale

American Gastroenterological Association (AGA). Hepatitis C measures group overview. Bethesda (MD): American Gastroenterological Association (AGA); 2016 Jan. 17 p.

Cotler SJ, Ganger DR, Kaur S, Rosenblate H, Jakate S, Sullivan DG, Ng KW, Gretch DR, Jensen DM. Daily interferon therapy for hepatitis C virus infection in liver transplant recipients. *Transplantation*. 2001 Jan 27;71(2):261-6. [PubMed](#)

European Association for the Study of Liver (EASL). EASL recommendations on treatment of hepatitis C. Geneva (Switzerland): European Association for the Study of Liver (EASL); 2014 Apr. 20 p. [98 references]

Ghany MG, Strader DB, Thomas DL, Seeff LB, American Association for the Study of Liver Diseases. Diagnosis, management, and treatment of hepatitis C: an update. *Hepatology*. 2009 Apr;49(4):1335-74. [PubMed](#)

Institute of Medicine (IOM), Committee on Quality of Health Care in America. Crossing the quality chasm: a new health system for the 21st century. Washington (DC): National Academy Press; 2001. 360 p.

McNally S, Temple-Smith M, Sievert W, Pitts MK. Now, later or never? Challenges associated with hepatitis C treatment. *Aust N Z J Public Health*. 2006 Oct;30(5):422-7. [PubMed](#)

Oshima Lee E, Emanuel EJ. Shared decision making to improve care and reduce costs. *N Engl J Med*. 2013 Jan 3;368(1):6-8. [PubMed](#)

Richmond JA, Dunning TL, Desmond PV. Health professionals' attitudes toward caring for people with hepatitis C. *J Viral Hepat*. 2007 Sep;14(9):624-32. [PubMed](#)

Zickmund S, Hillis SL, Barnett MJ, Ippolito L, LaBrecque DR. Hepatitis C virus-infected patients report communication problems with physicians. *Hepatology*. 2004 Apr;39(4):999-1007. [PubMed](#)

Zickmund SL, Brown KE, Bielefeldt K. A systematic review of provider knowledge of hepatitis C: is it enough for a complex disease?. *Dig Dis Sci*. 2007 Oct;52(10):2550-6. [PubMed](#)

## Primary Health Components

Chronic hepatitis C virus (HCV); treatment options; shared decision making

## Denominator Description

Patients aged 18 years and older with a specific diagnosis of chronic hepatitis C (see the related "Denominator Inclusions/Exclusions" field)

## Numerator Description

Patients with whom a physician or other clinician reviewed the range of treatment options appropriate to their genotype and demonstrated a shared decision making approach with the patient (see the related "Numerator Inclusions/Exclusions" field)

## Evidence Supporting the Measure

### Type of Evidence Supporting the Criterion of Quality for the Measure

A clinical practice guideline or other peer-reviewed synthesis of the clinical research evidence

A systematic review of the clinical research literature (e.g., Cochrane Review)

One or more research studies published in a National Library of Medicine (NLM) indexed, peer-reviewed journal

### Additional Information Supporting Need for the Measure

Unspecified

### Extent of Measure Testing

Unspecified

## State of Use of the Measure

### State of Use

Current routine use

### Current Use

not defined yet

## Application of the Measure in its Current Use

### Measurement Setting

Ambulatory/Office-based Care

### Professionals Involved in Delivery of Health Services

not defined yet

### Least Aggregated Level of Services Delivery Addressed

Individual Clinicians or Public Health Professionals

### Statement of Acceptable Minimum Sample Size

Specified

### Target Population Age

Age greater than or equal to 18 years

### Target Population Gender

Either male or female

## National Strategy for Quality Improvement in Health Care

### National Quality Strategy Aim

Better Care

### National Quality Strategy Priority

Person- and Family-centered Care

Prevention and Treatment of Leading Causes of Mortality

## Institute of Medicine (IOM) National Health Care Quality Report Categories

### IOM Care Need

Living with Illness

## IOM Domain

Effectiveness

Patient-centeredness

## Data Collection for the Measure

### Case Finding Period

The reporting period (January 1 through December 31)

### Denominator Sampling Frame

Patients associated with provider

### Denominator (Index) Event or Characteristic

Clinical Condition

Encounter

Patient/Individual (Consumer) Characteristic

### Denominator Time Window

not defined yet

### Denominator Inclusions/Exclusions

Inclusions

Patients aged 18 years and older with a specific diagnosis of chronic hepatitis C

*Denominator Criteria (Eligible Cases):*

Patients aged greater than or equal to 18 years on date of encounter

AND

One of the following diagnosis codes indicating chronic hepatitis C (International Classification of Diseases, Tenth Revision, Clinical Modification [ICD-10-CM] codes): B18.2

AND

One of the specific Current Procedural Terminology (CPT) patient encounter codes (refer to the original measure documentation for specific CPT codes)

Exclusions

None

## Exclusions/Exceptions

not defined yet

## Numerator Inclusions/Exclusions

### Inclusions

Patients with whom a physician or other clinician reviewed the range of treatment options appropriate to their genotype and demonstrated a shared decision making approach with the patient

Note: To meet the measure, there must be documentation in the patient record of a discussion between the physician or other qualified healthcare professional and the patient that includes all of the following: treatment choices appropriate to genotype, risks and benefits, evidence of effectiveness, and patient preferences toward treatment.

### Exclusions

Documentation of medical or patient reason(s) for not discussing treatment options.

*Medical Reasons:* patient is not a candidate for treatment due to advanced physical or mental health comorbidity (including active substance use); currently receiving antiviral treatment; successful antiviral treatment (with sustained virologic response) prior to reporting period; other documented medical reasons

*Patient Reasons:* patient unable or unwilling to participate in the discussion or other patient reasons

## Numerator Search Strategy

Fixed time period or point in time

## Data Source

Administrative clinical data

Registry data

## Type of Health State

Does not apply to this measure

## Instruments Used and/or Associated with the Measure

Unspecified

## Computation of the Measure

## Measure Specifies Disaggregation

Does not apply to this measure

## Scoring

Rate/Proportion

## Interpretation of Score

Desired value is a higher score

## Allowance for Patient or Population Factors

not defined yet

## Standard of Comparison

not defined yet

## Identifying Information

### Original Title

Measure #390: discussion and shared decision making surrounding treatment options.

### Measure Collection Name

Hepatitis C

### Submitter

American Gastroenterological Association - Medical Specialty Society

### Developer

American Gastroenterological Association - Medical Specialty Society

### Funding Source(s)

Unspecified

### Composition of the Group that Developed the Measure

Unspecified

### Financial Disclosures/Other Potential Conflicts of Interest

Unspecified

### Measure Initiative(s)

Physician Quality Reporting System

## Adaptation

This measure was not adapted from another source.

## Date of Most Current Version in NQMC

2016 Jan

## Measure Maintenance

Unspecified

## Date of Next Anticipated Revision

2017

## Measure Status

This is the current release of the measure.

## Measure Availability

Source not available electronically.

For more information, contact the American Gastroenterological Association (AGA) at 4930 Del Ray Avenue, Bethesda, MD 20814; Phone: 301-654-2055; Fax: 301-654-5920; E-mail: [measures@gastro.org](mailto:measures@gastro.org); Web site: [www.gastro.org](http://www.gastro.org) .

## NQMC Status

This NQMC summary was completed by ECRI Institute on March 14, 2016. The information was verified by the measure developer on March 29, 2016.

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## Production

### Source(s)

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